

Night Peace

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I could gaze at you for hours, my precious son.

I listen to your slow, measured breathing
while your body rests and recharges,
preparing for another day of perpetual motion.

The challenges we face together

As we learn about your

Asperger Syndrome,
hyperactivity, and ADD:

These are forgotten as I watch you
Silently sleeping.

Tonight you lie in your top bunk bed,
resting peacefully.

Tomorrow will be another day
of impulsivity; of intensity;
of the unexpected

Dinner will be left uncooked

While I guide you through frustrations
and witness your tantrums.

As you sleep, I stroke your long, blond hair.

I am soothed by its softness.

The stresses of our day fall away,

As I recharge my emotional batteries.

As I gaze at your young, handsome face;

I appreciate your special uniqueness.

My heart swells with love

And I feel blessed.

The house is peaceful

And so am I.